

Family Circle Games



Duck, Duck
Goose!



Invite your child to join in a family game.

Having fun in a group helps your child feel loved and supported by his family.



Why this is important

Your child will learn how to get along in the world as he participates in activities with family or a group of friends. Feeling secure in a warm and loving group helps your child get ready to try new games. As he feels encouraged to participate, he will trust his own abilities to contribute to a group. Group activities help him learn how to interact with and be more confident with adults and his peers.

What you do

- Make time in your day to play games with your child and other family members or friends.
- Play simple group games such as “B-I-N-G-O!” or “Duck, Duck, Goose”. When singing or listening to music, form a band and invite the whole family or group to participate. Give each member a pan and spoon to bang with, or use whistles, bells, or horns.
- Invite each family member to make up a silly dance for the others to try. Hold hands with your child as you dance together. *Watch me hop around the circle. Can you hop, too?*
- Give your child a chance to invent a game for everyone to play together.
- Use family time as an opportunity to share love and support.

Another idea

Think of other parts of the day that can be spent together as a family. Family activities can include meal times, art projects, travel games, and quiet time reading together.

Let's read together!

I Like It When
by Mary Murphy